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Key questions defining research program:
1) Identifying and then testing the effectiveness of novel interventions to improve behavioral health that can be delivered at scale with an emphasis on treatment of mood and anxiety d/o.
2) Does effective treatment of depression improve cardiovascular health
3) What is the impact of depression and anxiety d/o on health
4) Utilizing electronic medical record systems to provide care and recruit trial patients

Key words describing research program:
1) Behavioral health
2) Cardiovascular disease
3) Primary care
4) Online treatments
5) Pragmatic trials conducted in non-psychiatric settings

Titles for shovel-ready research projects (from Data sources below):
1) Long-term vital status on study cohorts described below.
2) Impact of mood and/or anxiety and its treatment on health care utilization, quality of life, sleep, activity, etc.
3) Predictors of recovery from depression and/or anxiety (spontaneous or active)
4) Moderators of impact of mood and anxiety disorders on clinical outcomes (depending on the study, moderators could include sociodemographic characteristics, co-morbid medical conditions, social support, pain, ejection fraction, handgrip strength, physical activity, etc.).

Data sources for shovel-ready research projects include:
1) NHLBI-funded Hopeful Heart Trial presently testing the impact of a “blended” collaborative care model for treating both depression and systolic heart failure vs. heart failure alone (to date, N>550 enrolled).
2) NHLBI-funded Bypassing the Blues Trial that examined the impact of collaborative care for treating depression following CABG surgery (N=453 enrolled 2004-2007; www.bypassingtheblues.pitt.edu)
3) NIMH-funded Online Treatment for Mood and Anxiety Disorders tested the impact of a computerized cognitive behavioral therapy program and an Internet support group in primary care (N=704 enrolled 2012-2014)
4) NIMH-funded Developing a Collaborative Care Strategy for Depression and Comorbid Congestive Heart Failure cohort study (N=471 enrolled 2007-2009)
5) NIMH-funded Reduce Limitations from Anxiety (RELAX) Trial of telephone-delivered collaborative care for treating generalized anxiety and panic disorder in primary care (N=329; enrolled 2005-2007).